

tea selection and hot drinks

add vanilla | hazelnut | caramel _____ R7

add almond milk | oat milk _____ R10

tea _____ R25

ceylon tea | rooibos | earl grey | green | chamomile
peppermint | jasmine green | very berry | honey bush
rooibos chai | black chai | vanilla rooibos

enquire about our other tea options

signature tea _____ R35

fresh ginger | honey | lemon

chai latte _____ R35

dirty chai latte _____ R50

red flat white | red cappuccino _____ R32

red latte _____ R35

turmeric flat white _____ R35

manna brew superfood flat white _____ R35

hot chocolate _____ R32

chilli hot chocolate _____ R35

vegan hot chocolate (vg) _____ R45

coffee

add vanilla | hazelnut | caramel _____ R7

add almond milk | oat milk _____ R10

espresso _____ R24

espresso macchiato _____ R26

americano _____ R27

flat white | cappuccino _____ R29

decaff flat white | cappuccino _____ R32

café latte _____ R34

café mocha _____ R40

cortado _____ R34

**vietnamese drip coffee | condensed milk
(iced or hot)** _____ R45

classic iced coffee _____ R35

double espresso | ice | full cream milk

cold beverages

still | sparkling water _____ 330ml R15

_____ 500ml R25

assorted cordials _____ R8

roses cola tonic | roses passionfruit | roses lime

fitch & leedes sodas _____ R25

club soda | indian tonic | ginger ale | lemonade

coke | coke zero _____ R25

theonista craft sodas _____ R50

original ginger beer | light cola

sugar free cream soda | sugar free ginger beer

theonista kombucha _____ R50

cape point blend

cold pressed raw juices _____ R55

• **go green:** apple | cucumber | kale | celery |
lemon | parsley | mint

• **immune booster:** orange | carrot | lemon |
ginger | cayenne pepper

• **just beet it:** beetroot | apple | cucumber |
lemon | mint

• **seasonal fruit**

add: ginger | mint _____ R12

ceres juices _____ R22

orange | mango | apple

just berry yoghurt smoothie _____ R55

tomato cocktail _____ R30

bloody mary _____ R65

'tisers _____ R30

appletiser | grapetiser

rock shandy _____ R65

soda water, lemonade & bitters

steel works _____ R65

cola tonic, soda water, ginger ale & bitters

bos ice tea _____ R25

lemon | peach | berry

old fashioned milkshakes _____ R50

vanilla | berry | chocolate | banana |
coffee | strawberry

non-alcoholic drinks

Heineken 0.0 _____ R35

Vergin non-alcoholic gin _____ R40

Limon | Bloom

Savannah Non-Alcoholic _____ R35

bottled beer, cider & gin and tonic

Windhoek Draught | Light _____ R30

Savannah Dry Cider _____ R30

Old Harbour Craft Lager _____ 440ml R50

Heineken _____ R30

white wines

Creation Whalepod _____ R55/R185

Sauvignon Blanc

Iona Sophie Te' Blanche _____ R50/R175

Sauvignon Blanc

Gabrielskloof _____ R55 /R220

Chenin Blanc

methode cap classique

Villiera Tradition Brut _____ 750ml R295

Villiera Tradition Brut _____ 350ml R185

Claudia Domaine des Dieux Brut _____ R450

rosé

Iona Sophie Le Rosé _____ R50/R175

Rosé

red wines

Gabrielskloof _____ R65/R240

The Blend

Iona Sophie Le Rouge _____ R50/R175

Blend

spirits, liqueurs & fortified wines

Gordons Gin _____ R25

Smirnoff Vodka _____ R25

Bains Whisky _____ R25

Sherry _____ R25

Port _____ R30

Tequila _____ R30

Campari/Pimms _____ R30

Liqueurs _____ from R30